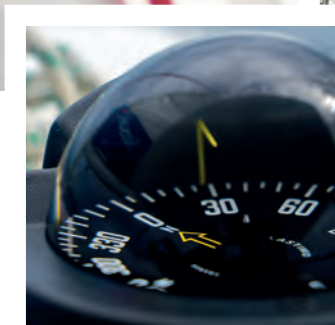
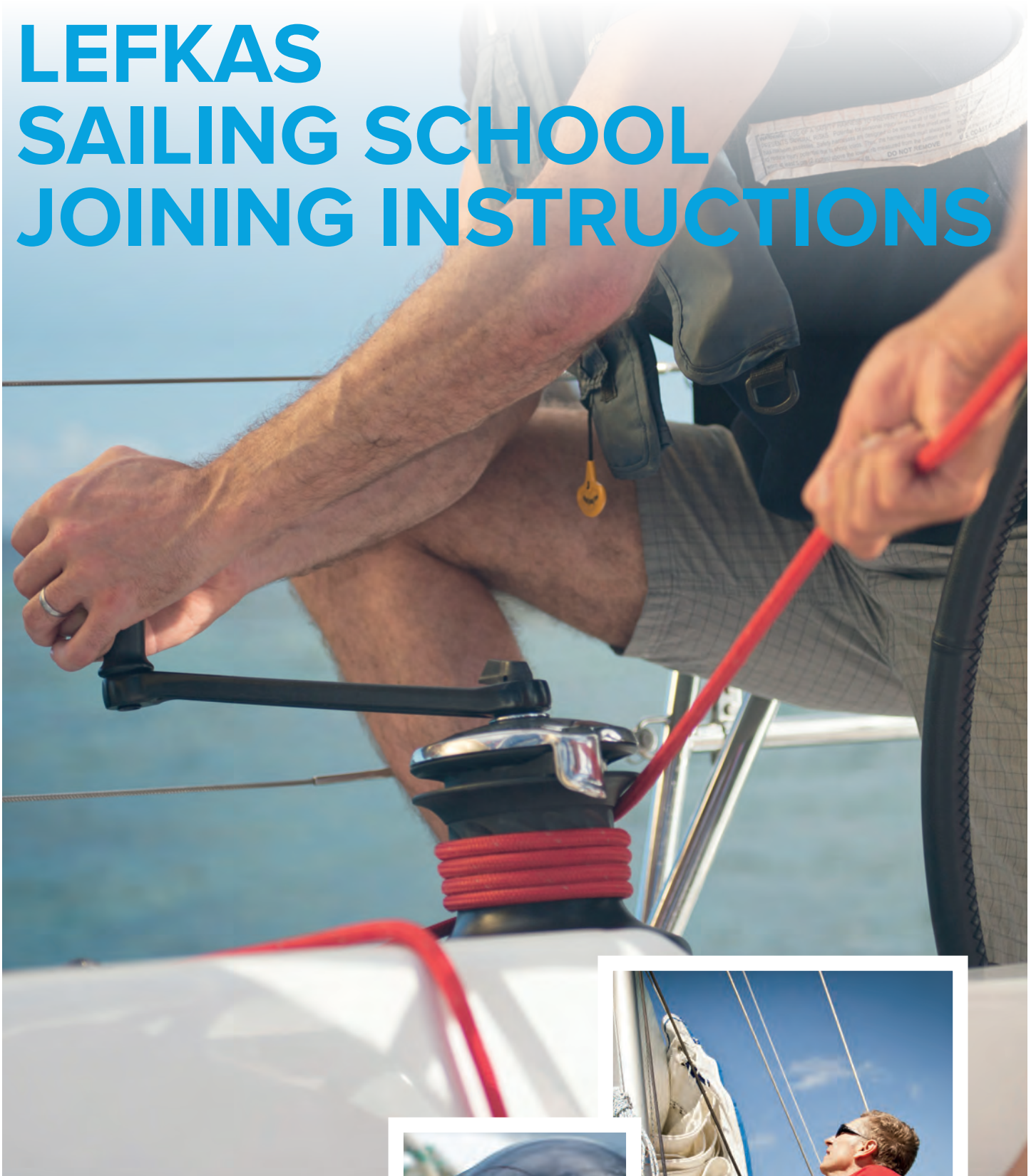


LEFKAS SAILING SCHOOL JOINING INSTRUCTIONS







WELCOME TO SUNSAIL

ARE YOU READY TO GAIN YOUR SEA LEGS?

Thank you for choosing to sail with us! To help you prepare for your course we have put together the following useful information and recommend you read it through before your course begins.

If you have any further questions after reading this guide, please do not hesitate to call your local booking office or the Lefkas office if you have any additional questions.

SUNSAIL LEFKAS BASE ADDRESS

Sunsail
Lefkas Marina
East Shore Lefkada
311 00
Greece
+30 26450 29622

SUNSAIL BASE OPENING HOURS

The Sunsail base is open

Monday - Thursday	09.00 - 17.00
Friday - Sunday	09.00 - 19.00

CONTACT DETAILS

Base Manager: Claire Shields
claire.shields@thlmarine.com
+30 26450 29622

Customer services:

ionianyachtbase@thlmarine.com

SUNSAIL SALES OFFICE OPENING HOURS

The Sunsail Sailing School office is open from 09:00 to 17:30 Monday to Friday all year round.

FLIGHTS AND TRANSFERS

AIRLINES

You can book your flights directly with us. There are many airlines that fly into Aktion - Preveza Airport (PVK). Preveza is served regularly by internal flight from Athens/Corfu as well as with direct charter flights from the UK.

TRANSFERS

You can pre-book your transfer with us and pay the driver directly, or organise your own taxi at the airport.

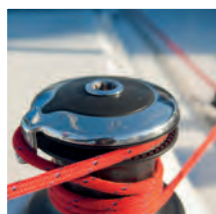
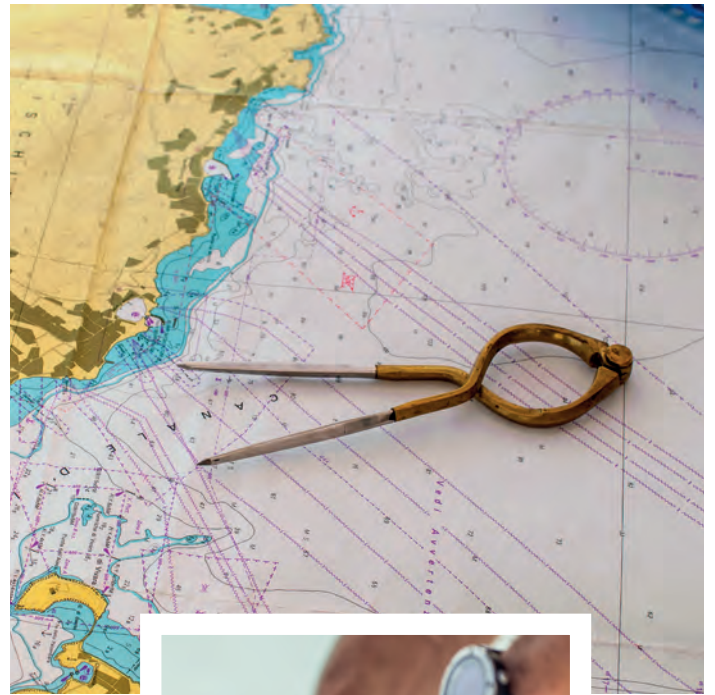
(You pay a better rate if you book with us before hand)

Private Taxi:

1-4 pax - 38 €

4-8 pax - 76 €

Aktion - Preveza Airport (**PVK**) is located on the Greek mainland, about 30 minutes from our Lefkas Base.



WHAT TO BRING?

On most flights, the checked luggage allowance is 20kg per person. You can additionally bring one item of hand luggage, weighing no more than 5kg, however, please check with your airline for specific allowances. For storage aboard your yacht we recommend travelling light and using soft, collapsible luggage for ease of storage (luggage room available at the base).

Your Carry Bag (Carry-On)

We advise carrying all relevant personal documents and booking information with you.

In addition we would highly recommend packing prescription medicine and some essential clothing (e.g. swimsuit, t-shirt and shorts) in your hand luggage, as occasionally your luggage may arrive at the base after you do.

ON ARRIVAL

EMBARKATION: SUNDAY, 18:00

On arrival at the marina, you will be introduced to your instructor, who will get you settled on board your yacht and give a basic introductory briefing. After stowing your luggage, you have the rest of the day to yourself and can meet the other members of the crew.

If there's anything you'd like to know about your boat or facilities available please ask your instructor or a member of the Sunsail team. A full yacht and safety briefing will be given on Monday morning at the start of your course.

ACCOMMODATION

Our training fleet consists of Jeanneau monohulls, typically Sunsail 44i with 4 cabins - 42i and with 3 cabins. Maximum number of students per yacht is five. On board accommodation is in shared cabins unless you've paid the single supplement. Sheets, pillowcases, pillows and shower towels are all provided. Tokens for showers are available at reception. Sleeping bags are not required. Bring your personal items in soft-sided luggage or duffel bags as there is limited storage on board the yacht. No hard suitcases, please.

CATERING ARRANGEMENTS

Your yacht is provisioned for the five day course inclusive of all breakfasts and lunches and one evening meal. Your instructor will recommend good restaurants at each relevant overnight stop. All meals taken ashore are at your own expense. We do not specifically cater for vegetarian or other dietary needs, however, please advise your booking agent of any you may have we'll endeavor to do so. You are also welcome to bring aboard any food or beverage items you like.

Please note that you will be expected to do your fair share of the cooking, washing up and general housekeeping of the yacht as part of the course.



BASE FACILITIES

We're very proud of our Marina! It is all yours for the length of your stay:

- Male and female shower facilities
- Restaurant and bars
- ATM machine

Easy walk into Lefkas town for:

- Restaurants | Coffee bars
- Shops | Supermarkets
- Post office | Banks
- Beaches nearby
- WIFI available free only at the marina hotel
- Car parking

ON COURSE: LET'S GET SAILING!

COURSE START:

MONDAY, 08:30

Each day starts at approx. 0900 hrs and finishes at approx 1800 hrs.

One day will be extended to allow 4 hours of night sailing.

During the week you will visit various ports and marinas and your nights are spent at anchor in different locations around the cruising area. The yacht leaves the Lefkas Marina on Monday morning and returns on Friday afternoon. You do not return to the Lefkas Marina each night.

Please be ready at this time as we'd all like to get sailing as soon as possible! We hope to be underway before lunch, and it is always a priority to make time for a mid-day swim and snorkel... what a classroom!

COURSE END:

FRIDAY, 17:00

Your course ends back at Lefkas Marina on the Friday by 1700. Students usually enjoy drinks and dinner together ashore that night.

All meals taken ashore are at the students own expense. Students not flying out on the Friday night may sleep on board the yacht if they wish (through Sunday morning).

FAQ

WHAT ESSENTIALS SHOULD I BRING?

TICKETS, PASSPORT, VISAS, LICENSES & BOOKING MATERIALS:

Tickets, money, passport and driving license if you plan to hire a car.

Clothing – Greece enjoys a pleasant temperature all year, however May June, September and October in the evenings can be cool, so a fleece and long trousers will be beneficial. And whilst we try and keep the rain away, it would be advisable to bring some light wet weather gear with you just in case!

If you are participating in the Day Skipper course, please be sure to bring 1 passport photos with you as well as a photo ID.

We advise you to bring a hat, a good pair of sunglasses (polarized), sunscreen, shorts, t-shirts, beach towel and swimwear. As well as your normal holiday type clothes please bring sailing gloves, comfortable trousers / tracksuit, deck shoes / sailing boots or white-soled trainers. We do not recommend jeans as they take a long time to dry. *Please note that all personal items are brought at your own risk.

HOW BEST CAN I PREPARE FOR MY SAIL TRAINING COURSE?

LOG BOOK

You will require an RYA logbook G15 or G158 for your course. Guests can purchase logbooks which are available in limited quantities at the base.

These must be purchased before arrival.

COMPETENT CREW

It is recommended that you read the RYA Competent Crew Skills Book (CCPCN).

On successful completion of the course you will be awarded the RYA Competent Crew qualification.

DAY SKIPPER

Please ensure that you bring a passport photo. These are needed for the RYA Day Skipper Practical certification. It is recommended that you have completed the Day Skipper Theory shore based course prior to arrival and read the RYA Day Skipper Practical Course Notes (DSPCN).

Recommended reading and log book

RYA practical and theory course books should have been purchased through your booking office upon confirmation of your sailing course. They can also be purchased online ahead of time.

On successful completion of the course you will be awarded the RYA Day Skipper qualification.

WHAT IS THE LOCAL CURRENCY AND NATIONAL PARK FEES?

CASH & CREDIT:

The local currency is the EURO. Some destinations you will visit on your course may not have ATM facilities, your instructor will advise before departing the marina, where ATM's are available to allow you to have enough money for your sail.

Mooring fees are NOT included in the course fees. However, in most destinations there are very little if any costs. Cost incurred for berthing will be split between the crew

FAQ | CONTINUED

WHAT ABOUT CHILDREN UNDER AND OVER 16 YEARS OF AGE?

CHILDREN UNDER 16 YEARS OF AGE : Under 16's are only accepted if the family has privately chartered the whole boat and there must be at least 2 adults in the group. Children of any age are accepted but the adults in the group should be aware that the children should be able to "look after themselves" on board and not need close supervision or the adult will not be able to fully participate in the course. Children's lifejackets for 4 years and above are provided subject to availability but parents must supply their own life jackets for children under 4. Although young children can be accommodated there should be at least three students on board who are capable of handling the yacht in stronger winds to be able to complete all aspects of the course. There is no minimum age for the competent crew course.

CHILDREN 16 TO 18 YEARS OF AGE

Children over 16 but under 18 years of age are accepted onto shared boat bookings if accompanied by an adult and would be expected to share a cabin with that adult. The minimum age for the day skipper course is 16.

TELL ME MORE ABOUT THE FOOD?

PROVISIONING: All breakfasts, lunches and non-alcoholic beverages, as well as one evening meal are provided. Normally everyone eats ashore every evening, except for the evening of the night sail. Vegetarians and other dietary needs are not specifically catered for although we will do everything possible to accommodate your needs. You can supplement the course provisioning by ordering a few of your favourite things through our online provisioning store.

Please just log onto: <http://store.sunsail.com>. As part of the course all members of the crew are expected to help out with cooking, washing up and the general housekeeping of the yacht.

WHAT CLOTHES SHOULD I PACK?

CLOTHING: We advise you pack the following items: shorts, t-shirts or polo shirts, sunglasses, hat, sun screen, light weight trousers, sailing gloves, fleece, light weight sailing jacket, deck shoes, swim wear and a beach towel. The weather is usually good here, but for the odd occasion when it's not bright and sunny.

WILL I BE IN ANY PHOTOS? CAN I TAKE MY OWN PHOTOS?

PHOTOGRAPHY: An essential part of our brochures is using photography that gives clients a true idea of the product, rather than using models. During the course of the season there are photographers on site at our bases. If you have an objection to close up photography of yourself and party, please indicate your feelings to the photographer at the time.

We hope that you have a great time and thank you for booking with Sunsail Lefkas.

SUNSAIL – RESPECTING DESTINATIONS

Sunsail is committed to protecting the environment we operate in. Over the years you have helped us in this endeavour. Please continue to assist us by leaving our sailing areas as good as or even better than we found them. You can do this by:

- Managing your sewerage by always using the pump out facilities in marinas where available. Otherwise, please avoid emptying tanks in busy anchorages and marinas and prevent contamination to humans and reefs by pumping out as far as possible offshore.
- Washing off your anchor when leaving an anchorage. Your yacht is equipped with low phosphate washing up liquid, please use this and keep the bottle so that it can be refilled.
- Separating your waste and recycling on-board as much as possible.
- Avoiding pumping oily bilge water or other hazardous substances into the sea – save these for safe disposal in a marina pump out facility.
- Being litter conscious by never throwing rubbish overboard and avoiding using plastics and other non-biodegradable products.
- Observing marine law, and knowing the laws that govern fish catch sizes and the touching and handling of marine wildlife.
- Remembering to keep a safe distance from marine life, and if viewing, approach side-on and stop with propellers in neutral.
- Identifying dark water areas as possible important ecosystems, and taking care if navigating them.
- Keeping sealife in mind when mooring. Using buoys where available instead of anchoring.



We hope that this guide will help you get the best out of your course and your time spent in Greece.

We hope that you learn to love sailing as much as we do here at Sunsail.

Course joining instructions correct at time of publication, but are subject to change without prior notice.